



Benefiting...



In more than 50 years of service to the recovering alcoholic, **The Men's Center** has developed a program that works. It provides a starting place to retreat from the oppressive and inhuman requirements of life on the streets and begin their recovery from

alcoholism and drug dependency in order to achieve productive lives.

When received into the Center the alcoholic spends several days in the "Sick Room" where he is encouraged to rest and read and is introduced to a daily routine which permits his body to begin to heal from the excesses of alcoholism. Equally important, if not more so, it introduces him to the Personalism of the AA fellowship as it is practiced at the Center.

Because getting a job and paying room and board weekly are part of the recovery process, the next step is a move to a dormitory where he has a bed and storage space for his clothing and facilitates his joining the labor pool or another source of employment.

AA meetings are held every morning noon, afternoon and evening at the Center. The desire to learn the AA way to sobriety is encouraged and developed through association with the other men which, in turn, enhances the practice of the Twelve Steps, the Twelve Traditions and the AA sponsorship among the men at the Center.



WAY OUT WOMEN'S CENTER
3217 Iola Street
Houston, Texas

Way Out Women's Center is a 10-day, 6-bed, non-medical alcohol detoxification program for women.

A nonprofit facility, the Women's Center was created 38 years ago to offer hope and provide a safe, supportive environment free of charge for alcoholic women to begin to learn to live a sober life. We are self-supporting through member contributions and fundraising activities and our residents are required to attend two AA meetings a day on the premises and two outside meetings a week.

Guidance for the Center is provided by a dedicated group of people with multiple years of sobriety who serve on a volunteer basis making up a 7-member Board of Trustees, a House Secretary and 4-member Steering Committee, duly elected by the membership.